

RECREATE *Shawnee*

Explore • Engage • Connect



Summer 2020
July - September

THANK YOU!

Dear Shawnee Parks & Recreation Family,

Thank you for your continued support during this unprecedented time. Thank you for safely utilizing our parks and granting us grace as we navigate the new normal.

Our mission, "Creating opportunities for the community to explore, engage and connect" was stopped in its tracks on March 17, 2020. Through never before seen social distancing recommendations, disappointing cancellations and new procedures, Shawnee Parks & Recreation continued to move forward. We addressed current community needs with constant communication and updates regarding programs, events and facilities. We planned for an unknown future by creating flexibility in our programs and additional health and safety procedures in our facilities.

After numerous cancellations, closed playgrounds and evolving recommendations from state and local health officials we choose to embrace the change and reach our community through digital programming. After cancelling our second annual April Showers Craft Festival, staff worked with vendors to provide a digital shopping experience. Staff were now creating daily content from their homes. Weekly scavenger hunts, cooking, craft and science demonstrations. COVID-19 can take away our physical presence, but we would not allow it to take away our connections with the community.

As the new normal changes day to day, we will continue to provide programs, events and facilities to the capacity deemed safe by local and state health officials. We will not lose sight of the severity of the situation nor the importance of connections. Join us as we Explore, Engage and Connect with a combination of digital and in person programming. We invite you to visit us at www.cityofshawnee.com/reconnect and on social media for regular updates and programming for you to enjoy with family and friends. Stay well and stay kind, we've got this Shawnee.

Sincerely,

Neil Holman, Director
Tonya Lecuru, Deputy Director



DRIVE-IN MOVIE

Includes movie & family snack pack! Pre-registration is required and space is limited. Code: 389201-01



\$10 PER CAR



FRIDAY, JUNE 26 - STUMP PARK - MOVIE STARTS AT DUSK
Rain Date: July 10

NRPA PARK PULSE NRPA National Recreation and Park Association Because everyone deserves a great park

Parks Are Essential, Especially During a Health Crisis

83% of adults find exercising at local parks, trails and open spaces essential to maintaining their mental and physical health during the COVID-19 pandemic.



WALKING

JOGGING



HIKING

BIKING



59% of respondents say it is very or extremely essential to exercise in parks and green spaces to relieve stress and remain healthy during this crisis.



Numerous studies show there are physical and mental health benefits to spending time in green spaces. Local parks, trails and open spaces have recently become even more of a respite from stress. In March 2020, NRPA released a joint statement about using parks and open spaces while maintaining physical distancing. To date, more than 1,000 groups nationwide have signed on to voice support of the safe use of parks during this crisis. Visit www.nrpa.org/Coronavirus for more information.

Due to COVID-19 visit cityofshawnee.org/aquatics for updates on our aquatic classes!

Adult Swim Lessons

Learn to swim in a comfortable and relaxed setting. Adult lessons are for those with little or no swimming ability. Participants will work at their own pace with the instructor learning basic strokes and survival skills. Class size is limited to ensure each participant receives quality interaction with instructor.

Beginner

381104-01 Jul 6 M,W 7:30pm \$50

Advanced

381104-02 Jul 20 M,W 7:30pm \$50

Class Length: 1 hour

Location: TASAC



Morning Water Walking - Punch Pass

Harness the power behind the resistant currents of our lazy river this summer. Walk at your leisure with no formal instruction. Participants are welcome to bring their own workout equipment or use ours onsite during sessions.

Punch Pass Jun 29-Aug 7 M-F 8:00am \$20

Class Length: 2 hours

Location: TASAC

Wild River Walk

This high intensity class is designed for individuals wanting to increase strength training and burn some calories in the water environment. Participants will work with equipment and walk against the lazy river with instruction. Individuals must feel comfortable with resistance training and have good balance.

Beginner

381208-01 Jul 1-Jul 29 M,W 11:30am \$72

Intermediate

381208-02 Jul 2-Jul 30 Tu,Th 11:00am \$64

Class Length: 1 hour

Location: TASAC

Aqua Bootcamp

If you are looking to burn calories and de-stress after a hard days work, then this is the class for you. This high intensity workout focuses on toning your body with interval strength and cardiovascular training in an aquatic setting. Bring your suit and be prepared to feel a new kind of burn under the summer sun.

281203-01 Jul 7-Aug 11 Tu 5:30pm \$42

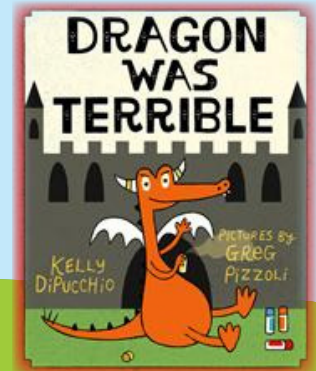
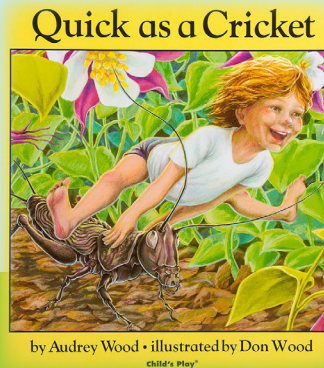
Class Length: 1 hour

Location: TASAC

WALK AND READ

July 2 - 10 • Listowel Park • 12037 W. 71st Street

While maintaining a safe social distance, come join The Johnson County Library and Shawnee Parks & Recreation for a special story walk on the trail. Two stories will be on story boards around the park for all ages to enjoy. Grab your family and enjoy these stories all week long!



Shawnee Parks & Recreation • The Johnson County Library

KidsFest Business Fair

Saturday, September 12, 2020 • 10:00am - 1:00pm

Come shop from local makers and creators and have a blast at KidsFest Business Fair! There is something for everyone, from jewelry to baked goods, bookmarks to clothing, all businesses owned and operate by youth.

If you have a young entrepreneur interested in a booth, please visit cityofshawnee.org/kidsfest and fill out an interest form. Space is limited, so don't delay! Youth ages 6 - 16 will have an opportunity to connect both personally any professionally with other business leaders while selling their goods and services.

SPONSORS



Kids' Night Out

Ages 5 - 11

FREE PLAY

GAMES

Super Heroes!
Friday, August 28
6:00pm - 9:00pm

\$15

(389101-01- \$25 after Aug 25)

SNACKS

MOVIE

CRAFTS

DINNER

Siblings receive 10% off the regular price!

Family Date Night – Pinball Machines!

Wednesday, September 16 • 6:00pm - 8:00pm

COST



Looking for something fun to do with your family? Come learn about the history of pinball machines, and make your own "bagatelle"- style pinball game. Points for not just an awesome game but also for a fun theme! We will provide snacks and all the supplies and tools for the evening for each family to make one game. **Instructor:** Parks and Recreation staff. **Code:** 389101-02

\$15



**CLASSIC ROCK 'N' ROLL
ISSUES**

**Friday, August 7
West Flanders Park
10920 W. 55th Street**

**We're rolling to May!
Save the Date!**

05.02.21

31st Annual

TOUR
de Shawnee



Blues

BARBECUE

**SHAWNEE GREAT GRILLERS
State Championship**

Come see what's cookin' at Shawnee Town on **September 25 & 26**
at the Annual Shawnee Great Griller's Blues and Barbeque State Championship!

shawneegreatgrillers.com

JULY SUMMER CAMPS

Jr. Firefighter Camp (ages 10 - 15)

Come learn basics of fire behavior, fire safety, and the importance of fire prevention. Try on firefighter protective gear, mask and breathing apparatus. Check out fire trucks, perform a search and rescue in the fire department maze, flow water from fire hose, operate the aerial truck ladder, and use a fire extinguisher to put out a real fire! After a busy morning take a break and enjoy lunch with the on-duty fire crew!

386108-01 Jul 10 F 8:00am \$45

Camp Length: 5 hours

Location: John B Glaser Fire Station, 6501 Quivira

Super Star Cheerleading Camp (ages 5 - 12)

Get into the spirit with this fun-filled camp that is packed with excitement. You will learn cheers, chants, jumps, dances, spirit techniques and much more! All participants will receive a t-shirt.

Instructor: Grace Nab

382113-01 Jul 8-10 W-F 1:30pm \$80

Camp Length: 2.5 hours

Fairy Princess Camp (ages 3 - 6)

Students will learn beginning ballet moves and recreate fairy tales with a sprinkling of pixie dust and little dress up! We will enter the land of enchantment each day and make friends with our fellow fairy princesses. We will have a tea party each day as we enjoy our lunch (students should bring a sack lunch each day). We will hear stories and also make a craft. No previous dance experience is necessary. We will learn a routine to perform for parents at the end of the last day. Students should wear comfortable clothing. Ballet shoes suggested.

384105-01 Jul 13-16 M-Th 9:30am \$95

Location: Academy of the Arts, 5413 Martindale

LTD Basketball Camp (ages 7 - 14)

Livin' the Dream focuses on the learning and development of basketball fundamentals. LTD Camps are filled with professional coaching, skill development exercises and fun competitions. Registration fee includes t-shirt and other giveaways. Discounts available for families with multiple children.

382112-01 Jul 13-16 M-Th 9:00am \$100

Camp Length: 2.5 hours

Secret Agent Lab (ages 7 - 12)

Step into the shoes of a detective—uncover the science involved in evidence gathering and analysis. Become a super sleuth and learn clever ways of performing tasks in this hands-on view of the science that spies use. From decoding messages to metal detectors and night vision, campers will have the opportunity to check out spy equipment, and discover the technological tools of detection! **Instructor:** Mad Science

386101-01 Jul 13-17 M-F 9:00am \$133

Camp Length: 3 hours

LTD Basketball Clinic (ages 6 - 8)

Livin' the Dream provides a one-day, fun-filled introduction to the fundamentals of the game of basketball. LTD clinics serve as a way for players to learn the basics in order to improve their overall performance. LTD Clinics are filled with professional coaching, skill development exercises, and fun competitions. Registration fee includes t-shirt and other giveaways. Discounts available for families with multiple children

382111-01 Jul 17 F 9:00am \$30

Clinic Length: 1.5 hours

VolleyCamp (ages 8 - 11)

Come "bump" up the fun this summer learning and playing volleyball! This camp is a great opportunity to learn passing, setting, hitting and more, while staying involved over the summer for one who plays regularly. Come "serve" up a fun week of volleyball at VolleyCamp!

282106-01 Jun 22-25 M-Th 1:30pm \$70

382110-01 Jul 20-23 M-Th 1:30pm \$70

Camp Length: 1.5 hours

Robotics-Battle Bots (ages 8 - 15)

This course offers hands-on opportunities to build and program robots. Working in small teams, students will design robotics systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Compete in the battle bots at the end of the camp to prove their robot is the best. This camp is perfect for the student who has a big imagination and likes to build things.

Instructor: Youth Tech, Inc

386102-01 Jul 20-23 M-Th 1:00pm \$150

Camp Length: 3 hours

ROBLOX Studio (ages 8 - 15)

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar - unlike any other software. This course will guide students through concepts such as beginner physics, LUA programming, and game development. Students in this course will build and published their multi-player game to share with friends and family! **Instructor:** Youth Tech, Inc

386103-01 Jul 20-23 M-Th 9:00pm \$150

Camp Length: 3 hours



SPAtastic Science (ages 9 – 14)

This is pure indulgence. Whip your bath into a frothy fizzing sea of color and fragrance. Kids will be able to make fragrant bath gels, aromatherapy oils, bath fizzers, spa lotion, face masks, oatmeal soap, shampoo, and more! This kit allows kids to enjoy chemistry by mixing colors with fresh ingredients, and fragrances to make their own line of unique products.

Instructor: Mad Science

386104-01 Jul 27-28 M-Tu 9:00am \$60

Camp Length: 3 hours

Principles of Flight (ages 7 – 12)

Children will explore the fundamentals of aerodynamics in this hands-on program about how things fly. From the basic principles of flight to building airplanes and testing them in wind tunnels to hovercraft and balloon copter building, children will understand what makes things fly and how different types of aircraft fly. Campers will take home various paper airplane designs, balloon copters and more! **Instructor:** Mad Science

386105-01 Jul 29-30 W-Th 9:00am \$60

Camp Length: 3 hours

AUGUST SUMMER CAMPS

Clues, Crimes, and Culprits (ages 5 – 8)

Oh NO! The Mad Science monkey is missing! Will you help us figure out where the monkey is? How he got out? And, what he is up to? Join the Mad Science crew as we gather the evidence from the crime scene, and take it back to the lab to analyze it. As the week goes on, we will use chemistry, forensic science, physics, and biology to solve the crime. Blood typing, DNA examination, and pH testing are only a few of the scientific tests our young sleuths will get to participate in. Each Jr. Mad Scientist will get a lab coat, magnifying glass, and a case notebook to keep at the end of the week. **Instructor:** Mad Science

386106-01 Aug 3-7 M-F 9:00am \$133

Camp Length: 3 hours

Cartoon Drawing (ages 7 - 12)

Join Young Rembrandts as we learn the basics of cartooning. Students will learn techniques used in cartooning and subjects such as characteristics, features, exaggeration, action, and personification. Students will have fun as they learn and apply new drawing and coloring techniques. All supplies included.

385101-01 Aug 3-7 M-F 9:00am \$125

Camp Length: 2.5 hours



Curious George - Junior Drawing (ages 5 – 7)

Join Young Rembrandts as we explore the world of H.A. and Margaret Rey in this workshop full of art and books. We will read a different Curious George book every day and children will draw a lesson that incorporates an aspect of the book we read together. Children's creativity and imagination will play together as students bring their favorite books to life through detailed drawings.

385102-01 Aug 3-7 M-F 1:00pm \$100

Camp Length: 2 hours

Sports

Preschool Tennis (ages 3 - 5)

Yes! Preschoolers can be successful at tennis! We will go on a different story book adventure each week: under the sea, on a pirate's ship, to the beach etc....all while learning tennis skills that all transfer to other sports. Youth will work on balance, hand-eye coordination, footwork, teamwork, listening skills and spatial, body and movement awareness.

Instructor: Amy Fangman

382103-01	Aug 21-Sep 25	F	10:45am	\$99
382103-02	Aug 22-Sep 26	Sa	9:00am	\$99

Class Length: 45 minutes

Location: Kansas City Racquet Club, 6501 E. Frontage Road

Green Teens Tennis (ages 13 - 17)

Do you have a teen that is looking for a new sport to play or a fun, new fitness activity? This is open to teens that would like to learn the great sport of tennis. Learn the basic strokes and how to start playing matches to prepare for a High School team or to learn a great sport that will last a lifetime.

Instructor: Amy Fangman

382104-01	Aug 19-Sep 23	W	4:00pm	\$197
382104-02	Aug 23-Sep 27	Su	4:00pm	\$197

Class Length: 1.5 hours

Location: Kansas City Racquet Club, 6501 E. Frontage Road



Junior Golf Lessons (ages 8 - 16)

These lessons will introduce you to the basics of golf. Learn fundamentals such as grip, stance, etiquette, and much more. We will teach you to use iron and woods for the long and short games. These various skills will be used to get you familiar with this great game. Bring your clubs or we have U.S. kids clubs for sale in the golf shop. **Instructor:** PGA Professional Staff

382102-01	July 7-21	Tu	5:00pm	\$60
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Class Length: 55 minutes

Location: Shawnee Golf & Country Club, 6404 Hedge Lane

Super Kids (ages 4 - 6)

Learn basic Tae Kwon Do skills in a fun environment which emphasizes courtesy, integrity, perseverance, self-control and indomitable spirit. This class develops self-confidence, self-discipline, and gross motor skills. Additional family members may join for ½ price. **Instructor:** Master Suzan Crochet

382101-01	Jul 2-30	Th	6:00pm	\$22
382101-02	Aug 6-27	Th	6:00pm	\$22
382101-03	Sep 3-24	Th	6:00pm	\$22

Class Length: 45 minutes

Jr. Tae Kwon Do (ages 6 - 10)

This modified curriculum serves as a transition between Super Kids and the Adult Tae Kwon Do class, while setting a strong foundation for the adult program. If the student chooses to continue in the art, they can progress to the level of junior black belt. There is a strong emphasis on courtesy, integrity, perseverance, self-control, indomitable spirit and the understanding that each individual makes a difference in the world. Additional family members may join for ½ price.

Instructor: Master Suzan Crochet

382108-01	Jul 7-28	Tu	5:30pm	\$42
382108-02	Aug 4-25	Tu	5:30pm	\$42
382108-03	Sep 1-29	Tu	5:30pm	\$42

Class Length: 1.5 hours

Happy Feet Soccer (ages 2 - 5)

Build soccer skills through games, songs, and adventures! This class is an introduction to the sport, interacting with others, and having fun; the play-based approach teaches healthy habits through soccer! This monthly program runs year round, so grab your friends and get your happy feet kicking! Each child gets a Happy Feet t-shirt with their first Happy Feet Class!

Instructor: Happy Feet Coach

382107-01	Jul 7-28	Tu	11:15am	\$45
382107-02	Aug 4-25	Tu	11:15am	\$45
382107-03	Sep 1-29	Tu	11:15am	\$45

Class Length: 30 minutes

Location: Stump Park Field 1

382107-04	July 6-27	M	5pm	\$45
382107-07	July 3-31	F	11am	\$45
382107-05	Aug 3-31	M	5pm	\$45
382107-08	Aug 7-28	F	11am	\$45
382107-06	Sep 7-28	M	5pm	\$45
382107-09	Sep 4-25	F	11am	\$45

Class Length: 30 minutes

Location: Happy Feet Legends Facility, 9701 W 67th Street



Little Sluggers T-Ball Clinic (ages 4 - 6)

This t-ball clinic will allow your little one to have fun and learn the critical skills to play baseball. We will focus on the very basic fundamentals of the sport, base running, hitting, catching, throwing and most importantly sportsmanship. We will use developmentally appropriate equipment during this program to allow for a safe and fun environment. Parents and children attend. **Instructor:** Dana Braxton

382106-01	Sep 8-29	Tu	4:00pm	\$35
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Class Length: 45 minutes

Location: Gum Springs Ballfield D

Skateboarding 101 (ages 3 - 12)

Ready to learn how to skateboard? In this 4 week class, participants will learn skate park etiquette, balance, basic skills and simple tricks. Parents must be present for the duration of each session. Helmets and a skateboard are required; knee and elbow pads are highly recommended.

Instructor: Dan Mapes, Dan's Sk8 School

382105-01	*July 18-Aug 29	Sa	10:00am	\$50
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Class Length: 1.5 hours

Location: Swarner Park

*Please note this class meets 7/18, 8/1, 8/15, 8/29

Dance & Theatre

Dance with Me! (ages 1 ½ - 3 with a caregiver)

This class is ideal for the youngest dancers ages 18 months through 3 years that are just wanting to try out a dance class. Parents attend class with their young dancer to learn introductory fundamentals of ballet! Ballet shoes are recommended.

Instructor: Academy of the Arts

384104-01	Jul 7-Aug 4	Tu	5:30pm	\$55
384104-02	Aug 18-Sep 22	Tu	5:30pm	\$66

Class Length: 45 minutes

Tap/Jazz/Ballet Combo (ages 3 - 6)

Calling all soon-to-be dancers! A great starting point for beginners, this class will lead you into the various styles of dance through fun, games, and fundamentals. Pink ballet shoes and black tap shoes are required. Any color leotard and tights are suggested. **Instructor:** Academy of the Arts

384101-01	Jul 7-Aug 4	Tu	6:30pm	\$55
384101-02	Aug 18-Sep 22	Tu	6:30pm	\$66

Class Length: 50 minutes

B.A.D. (Boys Athletic Dance) (ages 5 - 9)

Ba- Ba- Ba- Bad to the bone! Warning, this is not your typical dance class. Discover Hip Hop and breakdancing as you learn some new moves in this fun and high energy filled environment.

Instructor: Academy of the Arts

384102-01	Jun 25-July 23	Th	6:00pm	\$55
384102-02	Aug 20-Sep 24	Th	6:30pm	\$66

Class Length: 55 minutes

Location: Academy of the Arts, 5413 Martindale

Sports

Drop-In Pickleball (all Ages)

This sport is a blend of tennis, badminton, and ping pong, created for a variety of skill levels and ages. You do not need a partner and equipment is provide. (Dates & Times vary)

Sundays	5:30pm-8:30pm	\$2
Mon/Wed/Fri	9:00am-1:00pm	\$1
* Mon/Wed	5:30pm-9:30pm	\$2

*Mondays through August 31

Drop-In Volleyball (ages 16+)

Grab your friends and join us Monday evenings beginning September 14th for open volleyball! No registration, no teams and no supplies needed. Recreational play is \$2 per person from 5:30-7:30pm and competitive play is from 7:45-9:45pm. Space is limited; first come, first play.

Field Lottery

Is your team interested in using a Shawnee Parks and Recreation field for practice this fall? Registration for the Field Lottery will begin July 1, 2020. Teams are required to submit a roster showing all players, addresses and ages. A minimum of 50% of the players must be Shawnee residents. The lottery closes at Noon on Friday, July 17 and teams will reserve fields, based on the draw, Friday, July 24. Contact the Parks and Recreation Department at (913) 631-5200 or parksandrec@cityofshawnee.org if you have questions.

Registration Fee - \$5

382201-01

Tae Kwon-Do (ages 7+)

This international sport is also a form of self-defense. Learn the basics while developing courtesy, integrity, perseverance, self-control and an indomitable spirit. This class is designed for individuals and families. Additional family members may join for ½ price. **Instructor:** Master Suzan Crochet

382202-01	Jul 2-30	T,Th	7:00pm	\$45
382202-02	Aug 4-27	T,Th	7:00pm	\$45
382202-03	Sept 1-29	T,Th	7:00pm	\$45

Class Length: 1 hour

Golf Lessons (ages 16+)

Lessons will begin basics such as grip and stance etiquette before moving on to more advanced skills. Learn to use both irons and woods. These various skills will be used to get you familiar with this lifetime sport. Borrow our clubs or bring your own. **Instructor:** PGA Professional Staff

382204-01 July 7-21 Tu 6:00pm \$60

Class Length: 55 minutes

Location: Shawnee Golf & Country Club, 6404 Hedge Lane

NEW! Play Tennis Fast (PTF) (ages 16+)

PTF introduces tennis in an engaging way! Players learn all the basic strokes as well as how to play singles and doubles creating confidence and success playing tennis. Plus, players will receive a **FREE** Wilson racquet. **Instructor:** Amy Fangman

382203-01 Sept 1-22 Tu 12:00pm \$75

382203-02 Sept 3-24 Th 6:30pm \$75

Class Length: 1 hour

Location: Kansas City Racquet Club, 6501 E. Frontage Road

Health & Fitness

Tai Chi (ages 16+)

Best-selling author teaches slow motion meditative movements and visualization to lower stress, provide well-being, boost immune function, reduce depression, anxiety, burn calories, provide cardiovascular benefit, and improve sports performance, and more. **Instructor:** Bill Douglas

383201-01 Jul 18-Aug 22 Sa 9:30am \$72

383201-02 Sept 12-Oct 31 Sa 9:30am \$96

Class Length: 1.5 hours





PIYO (ages 16+)

It's Pilates, no it's Yoga, no it's Pilates... Wait, it's both! Enjoy the benefits of Yoga such as breathing management and relaxation and the flexibility and toning of Pilates. Your legs, arms, stomach, back and soul will thank you each week! Please bring a mat and towel. **Instructor:** Kathy Ray

383202-01	Jun 30-Aug 13	Tu,Th	8:30am	\$74
383202-02	Aug 18-Oct 1	Tu,Th	8:30am	\$74

Class Length: 55 minutes

Morning Mix (ages 16+)

Kick start your mornings with fitness at its finest. Using a mix of styles such as step, strengthening, toning, and a small taste of bootcamp, energize your daily routine with this full body workout. **No class 9/7. Instructor:** Lori Meyer

383205-01	Jul 1-31	M,W,F	8:00am	\$35
383205-02	Aug 3-31	M,W,F	8:00am	\$35
383205-03	Sept 2-30	M,W,F	8:00am	\$35

Class Length: 55 minutes

Circuit Blast (ages 16+)

Want to tame the exercise doldrums? Switch up exercises frequently and get a full body workout in the most effective way - CIRCUIT TRAINING! You get the benefits of muscle building and toning along with an intense cardio workout all at your own pace. **Instructor:** Ronni Ward

383203-01	Jul 1-Aug 12	W	5:30pm	\$32
383203-02	Aug 19-Sept 30	W	5:30pm	\$32

Class Length: 55 minutes

Power Pump (ages 16+)

Do you need a fun, energy packed, toning class that targets all the muscles you never knew you had? This hour long class will burn your muscles to fatigue, and get you toned in all the right places. The moves can be modified to every level and accommodate people of all ages! **No class 9/7.**

Instructor: Lesley Ice

383206-01	Jun 29-Aug 13	M,Th	6:30pm	\$63
383206-02	Aug 17-Oct 1	M,Th	6:30pm	\$69

Class Length: 55 minutes

Yoga (ages 16+)

Relax the stress of the day away with gentle stretching and deep breathing. With increased flexibility, upper and lower body strengthening, greater mental and physical balance and increased circulation you will be ready to take on life's challenges. Please bring a towel and a mat. **No class: 9/7.**

Instructor: Kathy Ray

383208-01	Jun 29-Aug 10	M	6:00pm	\$49
383208-02	Aug 17-Sept 28	M	6:00pm	\$42

Class Length: 55 minutes

Restorative Yoga (ages 16+)

Slow down and stretch! Restorative yoga will help you open up through passive stretching. Relieve stress and enjoy long, meditative stretches while you practice control over your breathing. **Instructor:** Jude Devonshire

383204-01	Jul 2-Aug 13	Th	5:00pm	\$74
383204-02	Aug 20-Oct 1	Th	5:00pm	\$74

Class Length: 85 minutes

383204-03	Jul 10-Aug 14	F	9:15am	\$42
383204-04	Aug 21-Oct 2	F	9:15am	\$49

Class Length: 55 minutes





Senior Tai Chi (ages 50+)

Tai Chi consists of breathing exercises and a series of postures that flow into one another through connecting transition moves. These slow, graceful, precise body movements are said to improve body awareness and enhance strength and coordination while helping the participant achieve inner peace. Watch your strength, flexibility, and mental awareness increase. **Instructor:** Debbie Shearer

Beginner

383302-01 Jul 2-Aug 13 Th 9:00am \$24

383302-04 Aug 20-Oct 1 Th 9:00am \$24

Intermediate

383302-02 Jun 30-Aug 11 Tu 9:15am \$24

383302-05 Aug 18-Sept 29 Tu 9:15am \$24

Advanced

383302-03 Jul 2-Aug 13 Th 10:00am \$24

383302-06 Aug 20-Oct 1 Th 10:00am \$24

Class Length: 1 hour

Zumba (ages 16+)

Dance your pants down a size! Using a variety of dance moves from all over Latin America, shed the pounds away with this aerobic workout. **Instructor:** Casa de Fitness

383207-01 Jul 11-Aug 15 Sa 8:30am \$30

383207-02 Aug 22-Sept 26 Sa 8:30am \$35

Class Length: 55 minutes

Step Up Shawnee (ages 16+)

Walk for fun. Walk with friends. Walk for **FREE!** Step up to better health with your fellow Shawnee residents. Stop by the Shawnee Civic Centre Monday through Friday between 8:00 and 9:00 am to get your joints moving and your heart rate up. **No walking 9/7.**

Fit After Fifty (ages 50+)

A low impact aerobics class designed to help you feel better, look better and can help prevent many health problems common with the mature adult. You are encouraged to work at your own pace. With this five day a week class, pick your own flexible schedule with a 6 or 12 punch card. **No class 9/7.**
Instructor: Debbie Shearer

12 flexible - 1 hour workouts

383301-01 Jul 1-Sept 30 M-F 8:15am \$45

6 flexible - 1 hour workouts

383301-02 Jul 1-Sept 30 M-F 8:15am \$24

Arthritis Exercise Program (ages 50+)

An exercise program specifically designed for people with arthritis and fibromyalgia, and is endorsed by the Arthritis Foundation. You will use gentle activities to help increase joint flexibility and range of motion. Let this class help you maintain muscle strength. **Instructor:** Debbie Shearer

383303-01 Jun 30-Aug 13 Tu,Th 11:00am \$49

383303-02 Aug 18-Oct 1 Tu,Th 11:00am \$49

Class Length: 1 hour

Dance

Line Dance Party

Join us for a night of line dancing to both country and non-country music! This is a smoke and alcohol **FREE** environment. Soft drinks and water are provided at no additional charge. A great opportunity for families to participate together! Dances will be held on the following Fridays: July 17th; August 21th; and September 18th from 7:30 - 10:00pm. \$5 fee payable at the door. **Instructor:** Kevin & Shawn Kuse and Lori Ringwelski

Country Dance Lessons (ages 16+)

Do you enjoy all types of country dance? Join other dance enthusiasts Sundays from 6:30-9:00pm for lessons and practice. Beginners are welcome. It is recommended beginners join us from 6:30-7:30pm Line dances will be taught. No registration necessary. Pay \$4 at the door. **No lessons 7/5 and 9/6.**
Instructor: Shawn Kuse



Dancing Down the Aisle (ages 18+)

Are wedding bells in your future? Parents of the bride, friend of the groom, Nana and Papa? The reception isn't just for the bride and groom! Come learn the basics of ballroom so you are ready to hit the dance floor for all the upcoming weddings! (Price is per couple). **Instructor:** Tonya Ebner

384201-01 Jul 10 F 7:00pm \$20

Class Length: 90 minutes

Location: Academy of the Arts, 5413 Martindale

Arts and Crafts

Knitting for Newbies (ages 16+)

In this class you will make a quick-knit project for yourself or for a gift. Learn basic knitting techniques, including knit and purl stitches, cast on and much more. If you've never knitted or need to refresh your skills this is the class for you! **Instructor:** Cheryl Murray

385201-01 Sept 14-Oct 5 M 6:30pm \$25

Class Length: 2 hours



Personal Enrichment

Progressive Bridge (ages 50+)

Join us weekly for a fun get-together and play bridge on Monday mornings at 11:15am. You do not need a partner and space is available on a first come, first serve basis. A suggested donation of \$0.50 is requested. **No bridge 9/7.**

Kansas City BBQ Judging School (ages 16+) Join other barbeque enthusiast for a class you won't believe! You will enjoy and learn about a variety of meats and learn about appearance, taste, texture, and more. All participants that complete the class will become a certified judge! Cclass fee also includes a one year membership to the Kansas City Barbeque Society.

Instructor: Rich and Bunny Tuttle, KCBS Master Judges

386202-01 Aug 1 Sa 10:00am \$95

Class Length: 4 hours



Hunter Education (ages 11+)

This online class is designed to allow the qualified participant to complete the chapters and quizzes online at <http://kdwpt.state.ks.us/>. Students must print off their Field Day certificate upon completing the online portion and bring it to the class. There will be a pre-class quiz, review/demonstration and a final written test.

386201-01 Aug 22 Sa 9:00am \$15

386201-02 Sept 18 F 9:00am \$15

Class Length: 8 hours

CPR Certification (ages 16+)

This First Aid, CPR, and AED certification course provides the knowledge and skills that may help save a life. It also offers the basics of first aid for the most common life-threatening emergencies, covering how to recognize them, how to call for help, and how to perform lifesaving skills. This course covers: Adult/Child CPR and AED Use; Infant CPR; First Aid Basics; Adult/Child/Infant Choking.

Instructor: Shawnee Fire Department

386205-01	Jul 11	Sa	9:00am	\$50
386205-02	Aug 8	Sa	9:00am	\$50
386205-03	Sept 12	Sa	9:00am	\$50

Class Length: 7 hours



NEW! Enneagram 101 (Ages 16+)

Enneagram is a system of 9 personality types that provides language for what's going on inside of us. Instead of "putting you in a box," it can help you identify the box you're already in and help you find ways to grow and become your best self. Discover for yourself why everyone is talking about this transformation tool! This class will include an overview of all nine types, so you can begin finding your type! Even if you already know your type, you will leave with new insight into why you think, feel and behave like you do! Includes workbook.

386206-01	Aug 6	Th	6:00pm	\$30
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Class Length: 2 hours

Backyard Chickens (ages 16+)

There is something about fresh eggs for breakfast! We will discuss the basics of chicken behavior, feeding, coop needs, chicken health and so much more! We will provide information regarding Shawnee backyard chicken ordinances.

Instructor: Vonnie Fisher

386207-01	Sept 26	Sa	9:00am	\$13
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Class Length: 2 hours



Trips

Ozark Mountain Christmas (ages 50+)

It's the most wonderful time of the year, and there is nothing more merry than visiting Ozark Mountain Christmas during the Holiday Season. Highlights of this trip include: Dixie Stampede dinner show, a tour of College of the Ozarks, SIX, Urban Cowboy, local shopping, lunch at the famous Mel's Hard Luck Diner in Grand Village, and enjoying Noah at the Sight & Sound Theatre, to name a few. We will be staying 2 nights at the Lodge of the Ozarks in the heart of Branson, MO, and luggage handling is included. (A \$100 deposit saves your spot, final payment due September 1).

487201-01	Nov 4-6	W-F
\$532/person (Double) \$656/person (Single)		

Depart: 6:30am – **Return:** 7:00pm





Sen Com

Providing Senior Paced Computer and Technology Learning Experiences.

SenCom, Senior Computer Users, is a not for profit organization of seniors who chose to develop skills that allow them to complete a variety of computer tasks. All classes are held at the SenCom Computer lab at 6535 Quivira. Classes are approximately 3 hours, and taught by experienced instructors. For more information on SenCom Membership, call 913.206.7017 or visit kcsenior.net.

Class Title	Code #	Date	Time	Cost
Basic Microsoft Word	386306-01	Tue, Jul 7	1:00pm	\$30
Windows 10	386304-01	Thu, Jul 16	9:00am	\$30
The Cloud	386311-01	Tue, Jul 21	1:00pm	\$30
Beginners Computer Workshop	386301-01	Thu, Jul 30	9:00am	\$30
Introduction to Facebook	386305-01	Tue, Aug 4	1:00pm	\$30
Transfer, Organize and Edit Photos	386320-01	Thu, Aug 13	9:00am	\$30
Intro to Android Tablets & Phones	386317-01	Tue, Aug 18	1:00pm	\$30
Organizing files and folders	386308-01	Thu, Aug 27	1:00pm	\$30
Computer Maintenance	386302-01	Thu, Sep 3	9:00am	\$30
Introduction to iPad & iPhone*	386315-01	Tue, Sep 8	9:00am	\$30
Digital Notebook	386313-01	Thu, Sep 10	1:00pm	\$30
Google's Other Features	386309-01	Tue, Sep 15	1:00pm	\$30
Windows 10	386304-02	Thu, Sep 17	1:00pm	\$30
Internet Basics	386303-01	Tue, Sep 22	1:00pm	\$30
Essential Windows Tools	386321-01	Thu, Sep 24	1:00pm	\$30
Using Email	386310-01	Tue, Sep 29	1:00pm	\$30

*The Intro to iPad class is held at The Shawnee Civic Centre, 13817 Johnson Drive.



Rec Connect

NEW! Cake Decorating + Buttercream (ages 16+)

Learn everything you need to know about covering your cake in smooth buttercream with sharp edges. You will receive via email Cami's COVETED buttercream recipe! This class will be taught via Facebook in a private group, a Facebook account is required. **Instructor:** Cami from Cami's Cake Co.

386208-01 Jun 28 Su 12:00pm \$50

Class Length: 2 hours

Location: Online via Facebook



NEW! Cookie Basics (ages 16+)

Start with the basics! Making and rolling dough, baking tips + beginners dipping/flood. You will receive via email cookie + icing recipe! This class will be taught via Facebook in a private group, a Facebook account is required. **Instructor:** Cami from Cami's Cake Co.

386209-01 Jun 27 Sa 3:00pm \$30

Class Length: 1 .5 hours

Location: Online via Facebook



NEW! Virtual Lettering (ages 16+)

Join Gale for a live lettering class and learn her lettering tips and tricks! You'll receive a link for a call and will be emailed the handouts for the class. If you don't have a printer handy, please note that in your registration and we will put them in the mail to you! Although online, this class is interactive - you can ask questions, show your work, and ask for specific words or quotes. We'll cover the entire alphabet, techniques, supplies, etc. and you'll have a chance to follow up after the class with additional questions. **Instructor:** Gale Nation

386210-01 Jun 24 W 6:00pm \$35

Class Length: 2.5 hours

Location: Online via Zoom

NEW! Blue What? Blue Zone! (Ages 16+)

The Blue Zones are regions of the world where people live much longer. Learn how they stay healthy! Beyond these diet tips, enjoy samples of food that represent Blue Zones cultures. **Instructor:** Melissa White, Licensed Dietitian

386211-01 Aug 29 Sa 9:00am \$15

Class Length: 1 hour

Location: Online via Zoom



NEW! Enneagram 101 (Ages 16+)

Enneagram is a system of 9 personality types that provides language for what's going on inside of us. Instead of "putting you in a box," it can help you identify the box you're already in and help you find ways to grow and become your best self. Discover for yourself why everyone is talking about this transformation tool! This class will include an overview of all nine types, so you can begin finding your type! Even if you already know your type, you will leave with new insight into why you think, feel and behave like you do! Includes workbook.

386206-02 Jun 25 Th 6:00pm \$25

Class Length: 2 hours

Location: Online via Zoom

Ukulele 101 for Children (ages 10 and under)

Do you know a child who might be interested in learning how to play the Uke? In Ukulele 101, with ukuleles provided, they will learn tuning, strumming and even a little history about this very popular instrument in schools and on college campuses in the 1920's. You will take away a handful of easy chords and a number of familiar songs to play. Handouts of all featured songs during the class will be available at no cost. Open to children 10 and under. Each student must be accompanied by an adult. David Firman, instructor, is a ukulele teacher and founding member of the Kansas City Ukesters, the metro area's ukulele band with over 100 members.

295201-01 Jul 11 Sa 10:00am \$5
Class Length: 1.5 hours

History on Tap - Broadcasting the Twenties Wednesday, July 8 | 7:00pm - 8:30pm

By 1930, the radio had become so popular that it merited its own column on the national census. Did you or did you not own your own radio? This was certainly not a question on the 1920 census when the radio, homemade or store-bought, was just making headway into the American home. Caitlin Eckhard, Executive Director of the Jackson County Historical Society, will tell us about the most ubiquitous invention to modernize the 1920's and its powerful impact upon the lives of every homeowner in the country during the dawn of the "Electric Era." Big Rip Brewing Company, a growing 4 BBL brewery in North Kansas City, will be the featured local craft brewery. Tickets are \$5, RSVP at 913.248.2360.

1920's Automobiles "Up Close & Personal" Saturday, July 25 | 11:00am – 12:30pm

Once you've had an opportunity to look under the hood of an early 1920's automobile, you will never look at your own vehicle the same way! Vince Garrett, Museum Interpreter, and members of the Plain Ol' A's Ford Model A Car Club will be on hand to share their know-how and let you check under the hood of the Museum's 1927 Nash sedan, 1928 Chevrolet sedan, and 1929 Ford Model AA truck. While you're visiting Shawnee Town, make sure to walk 'round the newly opened Fisher Chevrolet Dealership and peek in the window of Murphy's gas station which will be open this year. **FREE** with museum admission.



Dog Days of Summer Bring Fido to the Museum on a Leash! Saturday, August 8 | 10:00am – 12:00pm

Every dog needs his day and yours is no exception. Bring her or him to Shawnee Town for contests, prizes, and visits with local vets, groomers, trainers, and friends. This year since we're celebrating the centennial of the 19th amendment granting women the right to vote, there will be a special prize for the best dressed Women's Suffrage pup. All dogs must be on a leash. There will be demonstrations, hands on activities, doggo items for purchase, and professional advice from our sponsors. This event is **FREE** and open to everyone!

Notable & Notorious People of the Twenties Wednesday, August 19 | 7:00pm – 9:00pm

On August 18, 1920, the State of Tennessee became the 36th and final state needed to ratify the 19th amendment granting women the right to vote. One week later, it became law. Come hear from President Woodrow Wilson, Alice Paul, Carrie Chapman Catt, Ida S. Bell, and Harry T. Burn. They will recount the amazing roles they played in its passage. Alice Paul will sew the 36th star on the Woman's Suffrage banner and hold it aloft as we mark this important anniversary. Designed and created by local Girl Scouts and the Museum, come early to receive your Votes for Women pin, sash, or banner to wave during the presentations. There will be time to ask questions of our presenters both "in" and "out" of character. This event is **FREE** and open to everyone!

Shawnee Parks and Recreation

Shawnee Civic Centre

13817 Johnson Drive
Shawnee, Kansas 66216
913.631.5200

Office Hours

Monday - Friday
8:00am - 5:00pm

Building Hours

Monday - Saturday
8:00am - 10:00pm
Sunday
11:00am - 9:00pm

Shawnee Town 1929

11501 W. 57th Street
Shawnee, Kansas 66203
913.248.2360

Office Hours

Monday - Friday
8:00am - 5:00pm

Visitor Center and Museum Hours

Open March to October
Tuesday - Saturday
10:00am - 4:30pm

Park Maintenance

12321 Johnson Drive
Shawnee, KS 66203
913.742.6440

Class Locations

All classes listed are held at the Shawnee Civic Centre 13817 Johnson Drive, unless noted.

Open Gym Hours

Visit cityofshawnee.org/opengym for weekly open gym, volleyball and pickleball hours.